

# **TO STUDY THE EFFECTS OF EDUCATION ON SOME PSYCHOLOGICAL VARIABLES ON ADULT WOMEN LEARNERS**

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## **ABSTRACT**

The issue of women empowerment is a global concern. Access to quality education has been at the root of women empowerment. Women empowerment is the development of mental and physical capacities, power or skills in women for them to operate meaningfully in their social milieu. It goes a long way in reducing child abuse. The goal of women empowerment is directed towards restoring the dignity of womanhood as an intelligent member of the society.

Empowerment through education is seen as a continuous holistic process with cognitive, psychological, economic and political dimensions in order to achieve emancipation. Psychological component includes the development of feeling that women can act at personal and at societal level to improve their conditions as well as formation of the belief that they can succeed in their changed efforts.

This paper focuses on the psychological component of empowerment. It has particularly studied the effect of “Adult education on self esteem, locus of control and purpose of life.”

**KEYWORDS:** Adult Education, Self esteem, locus of control, purpose of life.