

EFFECTIVENESS OF WAX THERAPY VERSUS CRYOTHERAPY ON PAIN AMONG PATIENTS WITH RHEUMATOID ARTHRITIS AT GOVERNMENT GENERAL HOSPITAL, CHROME PET

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ABSTRACT

Pain is the body's warning system, alerting that something is wrong. The International Association for the study of pain defines it as an unpleasant experience associated with actual or potential tissue damage to a person's body. Most forms of arthritis are associated with pain that can be divided into two general categories: acute and chronic. Chronic pain is common in people with rheumatoid arthritis, which ranges from mild to severe and can last a lifetime. Rheumatoid Arthritis is an inflammatory disease of the synovial, or lining of the joint, results in pain, stiffness, swelling, joint damage, and loss of function of the joints. Inflammation most often affects joints of the hands and feet and tends to be symmetrical (occurring equally on both sides of the body). This symmetry helps distinguish rheumatoid arthritis from other forms of the disease.

KEYWORDS: Potential Tissue Damage, Person's Body, Inflammatory Disease & Joint Damage