

BASIC PRINCIPLES AND PATHO-PHYSIOLOGY OF UROLITHIASIS

(KALLADAIPPU) – A REVIEW ON SIDDHA LITERATURE

K. RAJALAKSHMI SIVARAMAN¹, G. SIVARAMAN²,

N. E. ASHOK KUMAR³ & R. JEEVAGLADYS⁴

^{1,4}Associate Professor, Department of Siddha, The Tamil Nadu Dr. M.G.R Medical University,

Chennai, Tamil Nadu, India

^{2,3}Medical Officer Arogya Siddha Hospital, Chennai, Tamil Nadu, India

ABSTRACT

The Siddha system is a unique and historical medical system of south India with strong philosophical foundation behind its medical science. According to Siddhars, a healthy living indicates not only physical health but also social and spiritual well being which will remain as a tool to attain the “Éternal bliss.”Urolithiasis (Kalladaippu) is recognized as one of the painful diseases since ancient days and is still a major challenge to the physicians. The Siddha literature has a unique and vast descriptions about the etio-pathogenesis, diagnostic methods and treatment measures of Urolithiasis that can be individualized unlike the contemporary treatments. This article deals with the Siddha concepts on Urolithiasis and its symptomatology based on the three humoral theory with scientific facts on crystal formation. This review article also deals with brief objectives on the treatment measures that are offered by this long-established medical system.

KEYWORDS: Siddha, Urolithiasis, Kidney Stone, Kalladaipu

Received: Apr 28, 2016; **Accepted:** May 20, 2016; **Published:** May 24, 2016; **Paper Id.:** TJPRC:IJAMRJUN201605