

SIGNIFICANCE OF MASSAGE AND ITS CLINICAL EVALUATION

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ABSTRACT

The term Regimental Therapy consists of several therapies like Cupping therapy, Leech therapy, Exercise therapy and so on. Regimental therapy is one of the therapies available in Unani System of Medicine. Massage is one among the regimental therapy. Massage therapy is perhaps the old and simplified therapy of all Regimental Therapies. Massage therapy helps to cure several human ailments. In this communication some of the discomforts faced by patients and the massage therapy given are discussed.

KEYWORDS: *Dalak, Regimental Therapy*

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