VIETNAMESE YOUTH AND THE STANDARDS OF FAMILY AND SOCIAL SUCCESS

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ABSTRACT

To bring about the success of every young person, the family and society have an extremely important role. They increasingly face many challenges in life, at work and study in order to assert themselves in a society that is constantly growing and changing. As society develops, one consequence is that the standards of the previous days must change as well. Young people have to adapt and overcome difficulties ahead and this is also the barrier that many young people identify and achieve success. This paper is based on documents, books, experiences and surveys to find solutions to help young people in Vietnam in particular and young people in general in order to pursue and achieve certain successes in modern life today.

KEYWORDS: Family, Standards, Youth, Success & Society

Original Article

1. INTRODUCTION

The information technology revolution brought people into the era of 4.0. This era brings young people closer to each other's thoughts and views on life through various forms of mass media such as Facebook, Instagram, etc. Because of this diverse approach, young people are also getting closer to the pressures of pursuing the norm of family and social success [1]. From these pressures, many young people gradually lose interest in life, they live and pursue the goals of others instead of pursuing their own goals, they gradually move away from the practical success that relatives need to pursue or they live the gaze of others instead of living to enjoy themselves.

2. CONTENT OF RESEARCH

2.1 The Family Influences the Definition of the Success of Young People Today

Era 4.0 seems to extend the generation gap. Parents and children seem to have less and less time to share and feel about each other's lives, helping each other to share and solve problems that they encounter to bring their views and lives to people closer. Instead of interacting with their own children, fathers and mothers interact with fathers and mothers more often; they share with each other the definition of the success of their children [2]. They shape themselves a framework of success for their children according to someone's success. The person they even only heard his name and accomplishments but never once met, heard people tell about the whole journey that person went through to reach such successes. And then they impose that definition of success on their children, the children who don't understand and empathize with the difficulties, concerns and strange things they encounter in society but

are required [1].

It is undeniable that, today, the quality of life of young people has gradually improved and constantly developed. However, every problem has its negative side along with its positive sides. In the old days, parents might not go to school but now, the school did not simply teach the children knowledge, but sometimes, they could also suffer the cynicism of friends about their appearance, voice, dress, etc. And above all, in the previous era, grandparents always wished for their parents to be happy in the same way that parents feel without ever telling their parents to become this person, that person [3].

On the contrary, today, after a busy day in society, parents come home and instead of listening to the kids talk about their day, they ask their children to learn this and that [2]. Parents dismiss their difficulties; see their thinking too childish because they are well fed, warmly dressed, spoiled too much, unlike themselves in the past. Seeing their need to be listened and shared is a waste of time, bullshit, and seeing their aspirations and desires as excessive demands. Not long ago, on April 17, 2019, a heartbreaking incident happened on the Lupu Bridge, Huangpu River, Shanghai City, China. In a car stopping on the Lupu Bridge, there was an argument between the mother and son. A heartbreaking scene that happened when the quarrel ended with the image of his son plunging to the bridge and the mother trying to chase him to hold him back but not in time. She was hugging her face and fainting on the bridge. Many Vietnamese young people who know this story are extremely sympathetic to the male student, they are like "seeing themselves" in that story, they feel that their past years and years have almost come to step [2].

Adults used to be children, but children have never been adults [4], and that is the truth. But not all adults have enough sympathy, tolerance and sharing with children who are on the way to learning and interacting with life to become adults. Young people sympathize, heartbroken and even haunted by that story, not only did they see an unfamiliar life go away, but because they saw themselves that year almost came to step by this way [3]. But then, in the end, many people see, read and understand a part of the difficulties and breakdowns of the male student in the story above, who are grown-ups in the process of teaching grown children.For them, on the path to maturity, in order for the days to be exhausted with the chaos of life, children can go home instead of going to somewhere far away, vast and strange out there.

2.2 The Influence of Society on the Definition of the Success of Young People in the 4.0 Era

Society is the primary environment that teaches adult children. Era 4.0 brings young people to develop and grow in different directions. Through the Internet and the variety of media, young people know more about the world around them in the most convenient and fast way. They are more exposed and share their thoughts and opinions about life with people of different ages, gender, work, personality as well as circumstances and environment. However, besides the positive things brought about by the 4.0 era, young people increasingly have many pressures, burdens on position and success in society. Social networking not only brings diverse and interesting feelings about countless experiences in life, but it also carries the most "strange" pressure and many people are facing, especially young people, That is the pressure on the success of others. From inside to the street, from school to work, from the real world or the virtual network, there is always success, the lives of those who force many to look at and compare with themselves [5]. Schools have pressure on grades, families have pressure on "people's children", and society has pressure on the success of others. Not to mention that the comparison creates motivation or not, but just to mention that many people feel the pressure is the main. In particular, young people who are in the process of finding and setting goals for the future become even more panicked with their own lives when looking at the success of others [6].

In a study on the use of social networks in Vietnamese students, it was shown that Facebook is the most popular social network today not only in Vietnam but worldwide. At the same time, research also shows a lot of pressure that young people are faced with, such as emotional pressure, time, living activities, pressure on self-control, etc. [4] Social networks or Facebook is a in information sharing tools including the success or the good life of others to many people as widely and quickly as possible. However, not everyone knows how to select information appropriate to their emotions, thoughts, and views to avoid putting pressure on themselves. Young people unfortunately get lost in the "information sea" that is shared every day. There are many people who are so pressured that, despite achieving certain successes, they still feel lost to "one's success".

Harsh movement is the nature of society and people need to make every effort to adapt to it. However, young people do not have to try to keep up with the lives of each individual considered typical in society. They do not need to try to "wear a shirt that is too wide" for their size and pursue far-fetched standards that are not suitable for themselves [7].

3. RESEARCH METHOD

The paper is completed through a number of documents, books and practical experiences of many young people around the process of identifying, pursuing and developing the future directions of each individual to draw upon. The most honest feelings about the pressures that each person is facing to pursue the norm of family and social success. At the same time, the article is also synthesized through a survey of the practical experience of more than 155 young people of various ages, diverse in living, studying and working environments. Therefore, the data from this survey are completely realistic and highly objective.

4. RESEARCH RESULTS

For the most objective research results, information on age and gender were collected as follows.

Table 1: Age and Gender

Information	Total Number of Participants: 155 People		
1. Age	Under 18	From 18 to 28 years old	Over 28 years old
	29people (18.7%)	122 people (78.7%)	4 people (2.6%)
2. Sex	Male	Female	Others
	13 people (8.4%)	139 people (89.7%)	3 people (1.8%)

According to table 1, the age group most surveyed is from 18 to 28 years old. This is the most appropriate age for this survey because from 18 to 28 years old typical period to determine goals and orientations in each person's life. Here are some specific questions to the survey participants about the impact of families on their future decisions and choices:

Table 2: Influence from the Family to Choices about the Future of Young People

1. Does your family influence your career choice or what you pursue now and in the future?		
a. Yes	b. Neutral	c. No
58 people (37.4%)	67people (43.2%)	30 people (19.4%)
2. How often do family members and relatives actively ask, listen, and share with you about your thoughts, life views or decisions and plans for your future?		
a. Often	b. Sometimes	c. Never
34 people (21.9%)	97 people (62.6%)	24 people (15.5%)
3. How often do you actively share the difficulties, thoughts and perspectives you encounter in life with your family and loved ones?		
a. Often	b. Sometimes	c. Never

32 people (20.6%)	73 people (47.1%)	50 people (32.3%)
4. Do you feel pressured by expectations of your parents and relatives about your future?		
a. Yes	b. Neutral	c. No
86 people (55.5%)	49 people (31.6%)	20 people (12.9%)

It can be seen that the family greatly influences the future orientation of young people. Being listened to as well as actively exchanging and sharing with families has many barriers and limitations. The proportion of young people who are not allowed to share and shrink, not actively sharing what they encounter in life is relatively high. In particular, more than half of the respondents felt pressured with expectations of parents and relatives about their own future.

Table 3: Influence from society to young people's decisions and choices.

1. Do you feel the society is putting pressure on your future options?		
a. Yes	b. Neutral	c. No
97 people (62.6%)	42 people (27.1%)	16 people (10.3%)
2. Do you think the path to success of others can be applied to yourself?		
a. Yes	b. A little	c. No
16 people (10.3%)	113 people (72.9%)	26 people (16.8%)
3. Have you changed your mind or opinion according to the majority of people in society or by influential people in society?		
a. Yes	b. A little	c. No
10 people (6.5%)	129 people (83.2%)	16 people (10.3%)

From the survey results, more than half of the survey participants, namely 97 people (62.6%) feel that society is really putting pressure on their future, in addition to about 27.1%. People who have a neutral opinion on this question may feel a little bit pressured. Besides, the percentage of young people who feel that other people's successes can apply fully or slightly to their own success is very high, namely 10.3% (applicable) and 72.9% (applicable), through this rate, the success of someone in society has a relatively large impact on every young person. Another point of interest through this survey is that young people can completely change or will change some of their thoughts, views of life according to the majority of people in society or by influential people in society. Thus, it can be seen that society has no small impact on the development and decisions about the future of young people.

The "society"factor influences most choices about the future of young people. It can be seen that, after family and relatives, friends or colleagues are the subjects most exposed to young people and also the most influential people in making choices and deciding on the future of young people (61.3%). Besides, teachers or instructors, paving the way in learning and work are also objects of great influence (40.6%). In addition, celebrities, influential successful people are also the choice of many people participating in this survey (11.6% and 9%) and there are many other subjects in society affecting young people with 16 % of respondents choose.

Through the survey on motivation for young people to pursue goals for the future, it can be seen that passion or personal reasons account for a relatively high proportion (65.2%). Besides, the expectations of parents and relatives are also one of the top motivations for them to try (45.8%). In addition, the tendency of society to chase the success of others is not small (20.6% and 15.5%) and some young people have other motivations with the rate of 7.2%.

5. SOME SUGGESTIONS

Given the pressures that have been and will affect young people today, we need to call for more sympathy and action from their families and society for them. On the family side, parents should care and share with their children more than the difficulties they are facing in life. Besides, parents need to look more objectively and positively about their future plans or goals. Many young people today are lost and fallen because they do not know what they want or need. So, if children really have passion or initiative in their own future, parents should encourage and create conditions for their children to develop and own their future.

On the social side, society needs to strongly condemn and protect young people from negative issues such as school violence, sexual abuse, etc. Moreover, society needs to be more critical and stricter. citizens before too many negative issues occur frequently or unhealthy movements such as murder, drugs, prostitution, gambling, robbery, etc. to warn and educate more young people. At the same time, more tolerant to them before acts of ignorance, immature or being tempted, harmed by bad people such as spreading malicious videos, etc. Besides helping to fight and protect young people first Many negative issues, society should also create more conditions for them to be able to develop themselves as well as contribute to social development.

The movement of society is also increasingly harsh and in accordance with the general rules of the community, young people cannot expect too much of social change to suit each individual but need positive cognitive efforts. more about your life. They should pay more attention to their own feelings to understand what they want to be, carefully select the actual experiences around them, be suitable and positive for themselves, avoid being bogged down by many temptations in society or are negatively affected by the success or life of others. In addition, young people need to be aware that each person has his or her own strengths, abilities, limitations and path of happiness and success. They need not win or be better than anyone in any aspect of their own lives. They just need to make themselves better today than they were yesterday, just pleasing themselves instead of pleasing anyone else out of society. In addition, young people should raise their voice, call for help and support from their families and society when they need to be able to develop themselves in the right direction.

6. CONCLUSIONS

Young people are the future of a society. Therefore, their lives directly reflect the reality and development of that society. As an environment, the "cradle" that nurtures young people and society needs to be more tolerant and loving than their own "children". In addition, families need to properly play their role in the development and maturation of young people. Parents let their children be happy by their own feelings, not their own feelings and loving their children in such a way that both sides feel happy.

7. CONFLICT OF INTERESTS

No conflict of interest is noted in the paper.

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