A STUDY ON THE FACTORS INFLUENCING THE JOB STRESS OF PRODUCTION ENGINEERS IN THE AUTOMOBILE COMPANIES IN CHENNAI

J. RENGAMANI

Professor, AMET Business School, AMET University, India

ABSTRACT

Job Stress or Occupational Stress is considered to be the daily aspect of modern day work in the organizations. The job stress is an area which has been extensively researched around the world in the modern day industrial era. Most of the organizations around the world have started giving importance to job stress right from the operational level of management until the top level of management. Every researcher has dealt with the job stress to identify the occupational hazards that are prevailing in the work spot and the ways to mitigate them. One of the most important aspects of the employees working in an organization is the satisfaction level of employees towards the job and also towards the organization. The factor which is predominantly responsible for the job satisfaction would be the job stress. Specifically when the employees who are working as production engineers in the automobile companies and when they are incurred with the job stress then it will definitely affect the job satisfaction. Moreover, a dissatisfied production engineer will tend to change jobs which will lead to frequent attrition. There are many parameters which are directly and indirectly responsible for job stress of production engineers since they are made to do a variety of jobs.

The production engineers who are working in automobile companies are incurred with more psychological stress than the physical stress. The multitude of factors tends to be those associated with psychological and social issues that are related to both personal and work lives. The aim of this study is to investigate the impact of the factors of job stress of production engineers in the automobile companies in Chennai.

KEYWORDS: Job Stress, Occupational Stress, Job Burnout, Stressors, Production Engineers, Automobile Companies & Health Hazards

Received: Jul 28, 2018; Accepted: Aug 18, 2018; Published: Sep 27, 2018; Paper Id.: IJMPERDOCT201848