RELATIONSHIP BETWEEN LIFE-SATISFACTION AND WISDOM OF RETIRED PROFESSIONALS

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ABSTRACT

The aim of the study is to find out the relationship between life satisfaction and wisdom of retired professionals. This article presents the relationship between life satisfaction and wisdom in terms of studying the mean differences in wisdom based on the life satisfaction level and also studying the type of relationship exists between these two. To conduct this study, a sample of 180 retired professionals were selected. To measure the life satisfaction, a scale was developed by Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985) used and to measure the wisdom of retired professional, a scale was developed and used called Self-Measured Wisdom Scale (SMWS). The results of the study indicated that, the age groups and life satisfaction are significantly associated, which indicates there were significant differences in life satisfaction based on age group. The mean differences seen in dimensions of wisdom were significant in relation to life satisfaction score categories, however life satisfaction was found to be positively and significantly related to the wisdom. Thus, it was found from the study that life satisfaction was found to be an important aspect, which is positively related to the retiree’s wisdom.

KEYWORDS: Life Satisfaction, Wisdom, Retirees, Older Adults & Senior Citizens

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