

## ASSESSMENT OF RELATIONSHIP BETWEEN JOB STRESS AND JOB SATISFACTION

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### ABSTRACT

*The present study covers the aspects of assessing the job satisfaction level and job stress among teaching faculty employed in various higher educational institutions in Udaipur city and to study the relationship between job stress and job satisfaction. Descriptive research design was used to conduct the study. To collect the desired information about the job satisfaction level and job stress among college teachers, 64 respondents were selected on the basis of stratified random sampling techniques from six educational institutions of higher education in Udaipur city having equal representation of gender, type of institution, stream and nature of job. Data was collected by administering two types of research tools to accomplish the objectives of the present research work. In order to find out the significance of difference between the selected variables and job satisfaction of college teachers, 't' test technique was employed. Chi-Square test was employed to assess the association between different variables and job stress of respondents and to explore the relationship between job stress and job satisfaction, the pearson product correlation coefficient was used. Findings revealed that teaching faculty of higher educational institutes possessed average level of job satisfaction. Significant difference is found in job satisfaction of college teachers with respect to Gender, Type of institution, Streams and Nature of appointment. In case of job stress, there exists a close relationship between type of institutions and nature of appointment and level of stress perceived by the teaching faculty. On the other hand, chi-square values are found non-significant in case of gender and streams so there is no association between gender and streams with respect to level of stress. Further, job stress is found negatively associated with job satisfaction. So there exists negative correlation between job satisfaction and job stress.*

**KEYWORDS:** *Job, Satisfaction, Stress, College, Teacher, Relationship*

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